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Co-funded by
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SimPRENA

Simulation 5

Role-play card 1

Nurse Role Card



SimPRENA

Nurse Role Card

Character:

You are a nurse assigned to talk to a 78-year-old patient admitted for a suspected infection.

Situation:

The patient appears confused and visibly fearful, expressing concerns about the situation. They speak incoherently, asking repetitive questions making it essential to use active listening technique to understand and address their concerns effectively.

Key Behaviour:

Your goal is to demonstrate active listening by:

- maintaining eye contact and open body language.
- asking open-ended questions to better understand the patient's fears.
- using reflective statements and paraphrasing to validate the patient's feelings and clarify any uncertainties.
- offering reassurance through empathetic communication, e.g. checking for pain, hunger, thirst, or discomfort, speaking calmly and clearly, explaining what is happening.
- summing up the discussion to check mutual understanding of key points discussed.

Avoid using medical jargon throughout the simulation.